

**GOVERNMENT OF INDIA  
MINISTRY OF HEALTH AND FAMILY WELFARE  
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA  
UNSTARRED QUESTION NO. 1395  
TO BE ANSWERED ON 03<sup>rd</sup> MARCH, 2020**

**MENTAL HEALTH CRISIS AMONG STUDENTS**

**1395. SHRI SANJAY SINGH:**

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether it is a fact that according to the latest National Crime Records Bureau (NCRB) Report, 28 students committed suicide every day in 2018;
- (b) if so, the Government's plan of action owing to the current mental health crisis among students; and
- (c) whether any specific fund has been allotted for this cause?

**ANSWER**

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND  
FAMILY WELFARE  
(SHRI ASHWINI KUMAR CHOUBEY)**

(a) to (c): As per the “Accidental Deaths and Suicides in India 2018” Report of National Crime Records Bureau (NCRB), students accounted for 7.6% (10,159 victims) out of the total of 1,34,516 suicide victims.

To address the burden of mental disorders, the Government of India is implementing the National Mental Health Programme (NMHP) since 1982. The Government is supporting implementation of the District Mental Health Programme (DMHP) under NMHP in 655 districts of the country with the objectives to:

- (i) Provide suicide prevention services, work place stress management, life skills training and counselling in schools and colleges.
- (ii) Provide mental health services including prevention, promotion and long-term continuing care at different levels of district healthcare delivery system.
- (iii) Augment institutional capacity in terms of infrastructure, equipment and human resource for mental healthcare.
- (iv) Promote community awareness and participation in the delivery of mental healthcare services.

Funds upto Rs. 12 lakhs per annum are provided to each district supported under DMHP for targeted interventions with the following objectives:

- i. To provide class teachers with facilitative skill to promote life skill among their students.
- ii. To provide the class teachers with knowledge and skills to identify emotional conduct, scholastic and substance use problems in their students
- iii. To provide class teachers with a system of referral for students with psychological problems to the District Mental Health Team for inputs and treatment.
- iv. To involve other stakeholders like parents, community leaders to enhance development of adolescents etc.